

Newsletter

JULY 2022



WHAT'S HAPPENING THIS MONTH

- WHAT WE'VE BEEN UP TO
- NOBLE CALENDAR
- RESOURCE SPOTLIGHT
- HEALING THROUGH ART
- NEW EMPLOYEES

WHAT WE'VE BEEN UP TO



FESTIVAL SEASON

DID YOU SPOT US LAST MONTH AT THE BOISE MUSIC FESTIVAL OR WORLD VILLAGE FESTIVAL? WE HAD A FUN MONTH CELEBRATING MUSIC, CULTURE, AND ART AT THESE FESTIVALS WHILE SPREADING INFORMATION ABOUT MENTAL HEALTH. OUR FAVORITE PART? LEARNING ABOUT SO MANY AMAZING RESOURCES AND ORGANIZATIONS IN OUR COMMUNITY!



NOBLE CALENDAR

JULY 2022

GODDESS FESTIVAL

JULY 23rd - JULY 24th

Noble will be attending the Goddess Festival this month. This festival is a community celebration with food, music, dancing, vendors, psychic readings, rituals, and more. The festival is at Expo Idaho, and is open from 10am - 10pm on Saturday, and 10am - 5pm Sunday. Come check us out and say hi!



NOBLE STAFF TEAM DAY

The Noble team will be cooling down at the Boise river for their July team day! The team will share rafts and enjoy the beautiful scenery Boise has to offer, right from the water! Stay tuned for pictures!



ARE YOU FOLLOWING US ON SOCIAL MEDIA?



@nobleintentprograms



@nobleintentprograms



Noble Intent

ART CORNER

JULY 2022

A FOCUS ON HEALING

Art has a special place in the field of mental health and wellness. The healing process can be accompanied by art that is therapeutic for its creator. We will now be featuring some of the work created by our Noble community that highlights this mode of wellness in our newsletter each month.

**An excerpt from an essay,
written by a Noble Intent client.**

“

...

The Ending.

The furthest part of a story, otherwise known as the climax. I hope you've gained something from this piece of writing. I hope that maybe, in some way, I've even managed to inspire you. Inspire you to keep holding on, to keep your stubborn heart beating. You deserve every good thing this world has to offer, you deserve to be happy.

You deserve to be loved, I swear you do.

This world needs you in it, who else is going to make the whole place seem less bleak? Continue on, dear friend.

Because the world can be beautiful, if only you're here to see it.

”

If you'd like to submit art for our monthly art feature, please email cora@nobleintentllc.com

RESOURCES

JULY 2022

We learned of many great resources in the community this past month! Here are a few resources we feel may benefit the Noble community. These resources are not affiliated with Noble Intent Programs.

BROWN LIKE ME

www.brownlikeme.org

"IN A REGION WHERE OUR BLACK CHILDREN ARE OFTEN THE MINORITY IN THEIR SCHOOLS, ACTIVITIES, THE GROCERY STORE, AND EVEN AT HOME, BROWN LIKE ME DELIVERS PROGRAMMING THAT ALLOWS THEM TO SEE THE BEAUTY OF BEING BLACK. MONTHLY CLUB MEETINGS AND OTHER REGULAR EVENTS PROVIDE OUR YOUTH WITH ACTIVITIES THAT BUILD SELF-ESTEEM AND EXPOSE THEM TO BLACK CULTURE, CONNECT THEM TO BLACK MENTORS AND COMMUNITY LEADERS, AND, JUST AS IMPORTANT, DELIVER OPPORTUNITIES TO JUST BE AROUND FRIENDS WHO LOOK LIKE THEM. ADDITIONALLY, WE OFFER A FORUM FOR PARENTS OF BLACK YOUTH TO SHARE THEIR EXPERIENCES IN A SAFE SETTING, AND FOR ADOPTIVE PARENTS TO LEARN ABOUT THE IMPORTANCE OF CULTIVATING TIES TO THEIR CHILD'S CULTURE."



THE ART OF LIVING

Breath & Meditation

THE ART OF LIVING WILL BE HOSTING A FREE, PUBLIC WELLNESS SESSION FEATURING EASY BREATHING TECHNIQUES FOR STRESS RELIEF AND WELL BEING. REGISTER ON EVENTBRITE



Date and time

Wed, July 20, 2022
12:00 PM – 1:00 PM MDT



Location

JUMP - Jack's Urban
Meeting Place
LOFT ROOM

SCHOOL SUPPLIES

Boise Salvation Army

SCHOOL SUPPLIES WILL BE AVAILABLE FOR CHILDREN IN GRADE K-12 IN ADA COUNTY. REGISTRATION IN ADVANCE IS REQUIRED. REGISTRATION INFORMATION IS BELOW:

Online:

www.boise.salvationarmy.org

In-Person:

9492 W Emerald St. Boise, ID 83704

NEW STAFF SPOTLIGHT

I'm a recent graduate from Idaho State University with a bachelor's degree in health sciences/health services. While I was attending school, I participated in clubs such as Alpha Xi Delta and the Dietetics club! I enjoy being very involved in my community and helping out in any way I can. As a Community Based Rehabilitation Specialist, I hope to help individuals and their families build the lives they've envisioned for themselves. I am excited to work for a company that makes that their mission.

I grew up in a small town named Cascade, Idaho. So I'm a new resident of Boise! I'm eager to live in a big city and see what it has to offer. Outside of work, I enjoy being active. I love lifting, hot yoga, hiking, and playing with my six-year-old dog Carter! Since graduating, I've also been able to pick reading back up again! I enjoy reading because I can always be in a different place or a different year with every new book I read.

MAGEN PORTER

community based rehabilitation specialist



MARIE BRANCH

community based rehabilitation specialist



Marie grew up in Iowa and moved to Boise, ID in 2013 shortly after graduating from Briar Cliff University. It was there that she earned Bachelor of Arts degrees in both Psychology and Art. Since this time, Marie has worked in a variety of mental health specialties including helping victims of domestic violence and sexual assault, outpatient treatment of sexual offenders, case management, community-based rehabilitation, and certified peer and youth support services.

In 2018 she became the supervisor for a team of Peer and Youth Supports with Access Behavioral Health Services in Boise, ID. It was here that she also became a lead trainer for the community-based rehabilitation specialists and case managers. In 2022, Marie was accepted into Northwest Nazarene University's Master's program in Clinical Mental Health Counseling. As a self-care devotee, Marie enjoys spending time partaking in activities that support mental health. She spends time making art, meditating, cooking, hiking, going to comedy shows, and spending time with her two dogs and husband

NEW STAFF SPOTLIGHT

Born and raised in the great state of Idaho, Kolby graduated from Brigham Young University- Idaho, receiving his Bachelor of Science in Psychology with an emphasis in Health Psychology. Kolby was recently accepted into Northwest Nazarene University's Master's program for Clinical Mental Health Counseling.

Since 2017, Kolby has served adults struggling with acute mental illness in a residential setting, working as a Milieu Manager and Residential Coordinator. These rewarding experiences have enabled him to form genuine connections with people, helping them cultivate a sense of independence, resiliency and hope as they take the next step of their journey towards health and wellness. In his spare time, you will find Kolby in the movie theatre, on the ski slopes or at the disc golf course, enjoying moments with his family and friends.

KOLBY HARDY

community based
rehabilitation specialist



SUSAN HOTMAN

community based rehabilitation specialist



Susan graduated from Boise State University with a Bachelor of Arts in Elementary Education, with an emphasis in Special Education. She worked for the Boise School District for 12 years in various positions, including as a classroom teacher. Susan spent the last six years working for Northwest Regional Education Service District in Tualatin, Oregon. Here, she worked as a classroom aid and assisted kids with developing social and communication skills, specializing in working with children on the Autism Spectrum.

Susan enjoys her free time by spending time with family, birdwatching, photography, hiking in the great outdoors, traveling, attending her son's baseball games, sewing, and quilting. One of her favorite hobbies is spending time in nature, basking in the beauty of the Pacific Northwest, and visiting national parks in Utah, Oregon, and Montana.