

Newsletter

JUNE 2023



WHAT'S HAPPENING THIS MONTH

- WHAT WE'VE BEEN UP TO
- ART CORNER
- RESOURCE SPOTLIGHT
- EMPLOYEES OF THE MONTH



WHAT WE'VE BEEN UP TO

WELCOME TO JUNE! WE'VE BEEN BUSY AROUND HERE AT NOBLE INTENT. LAST MONTH, WE SUCCESSFULLY HOSTED OUR VERY FIRST ANNUAL COMMUNITY WELLNESS FAIR. WE ENJOYED WORKING WITH ALL OF OUR COMMUNITY PARTNERS AND SEEING THE GREAT TURN OUT! IF YOU WEREN'T ABLE TO MAKE IT, NO WORRIES, WE'LL SEE YOU NEXT YEAR! OUR CLINICAL TEAM ALSO WELCOMED KIM KEYS, OF KIM KEYS COUNSELING SOLUTIONS, FOR AN INFORMATIVE AND FUN THREE PART ETHICS TRAINING!

ART CORNER

JUNE 2023

HEALING THROUGH ART

Art has a special place in the field of mental health and wellness. The healing process can be accompanied by art that is therapeutic for its creator. We will now be featuring some of the work created by our Noble community that highlights this mode of wellness in our newsletter each month. Check out this month's art work submitted by a talented Noble Intent client. This client is offering community art classes, see flyer in resources.



Check out these stress balls created by one of our clinicians and her own children! What a great way to implement a hands on activity to create something that can later be used for coping OR focus! Pro Tip: When introducing children to coping tools, practice using the tool when the child is regulated! They are more likely to use the tool successfully during times of dysregulation when they've had experience and practice with that tool!

If you'd like to submit art for our monthly art feature, please email cora@nobleintentllc.com

RESOURCES

JUNE 2023

SUMMER ACTIVITIES FOR KIDS:

THANK YOU WHITNEY ELEMENTARY SCHOOL FOR CREATING THIS SUMMER GUIDE FOR FREE AND LOW COST SUMMER ACTIVITIES FOR CHILDREN AND FAMILIES! TAKE A LOOK:

whitneyelementarybsd
Sheryl Crow · Soak Up The Sun

SUMMER ACTIVITY GUIDE

Free/No Purchase Required

- **Movies Under the Stars** at Julia Davis and Settlers Park
From June to August on Fridays
- **Kids Workshops** at The Home Depot or LOWES
Saturdays morning at your local store
- **Kids Bowl for Free Program** at Westy's Garden Lanes
5504 W Alworth Street, Garden City, ID
- **Kids Art Workshops** at The Boise Art Museum
Monday and Wednesday in June and July
- **Hiking** at the Boise River Greenbelt (Suitable for All Skill levels)
Tuesday and Thursday in June and July
- **Outdoor Leadership Skills for Girls** with Wild Hearts
For more information go to their website www.wildheartsidaho.org
- **Summer Reading** at the Public Library [HERE](#)
- **Check your Public Library for Other Fun Free Activities** [HERE](#)

Tickets Necessary (Purchase Online)

- **Regal Summer Movie Express** (\$2 per ticket)
Tuesdays and Wednesdays at Regal Edwards Boise & IMAX
- **Treasure Valley Skating**
4712 W State St, Boise, ID 83703
- **City of Boise Summer Parks and Recreation**
Options from lessons to camps at different prices
Scholarships available for qualifying students
- **\$1 off Thursdays at the Zoo**
355 E Julia Davis Dr, Boise, ID 83702
- **Discovery Center of Idaho**
131 W Myrtle St, Boise, ID 83702

HOUSING FOR SENIORS WITH MENTAL HEALTH DISORDERS

DID YOU KNOW THAT MENTAL HEALTH DISORDERS IMPACT 20% OF PEOPLE AGED 55 AND ABOVE? THE ASSISTED LIVING RESEARCH INSTITUTE HAS CREATED A COMPREHENSIVE ONLINE RESOURCE THAT ADDRESSES HOUSING OPTIONS FOR SENIORS LIVING WITH MENTAL HEALTH DISORDERS. LEARN MORE AND USE THE GUIDE AT: WWW.ASSISTEDLIVING.ORG/ASSISTED-LIVING-FOR-PEOPLE-WITH-MENTAL-HEALTH-DISORDERS



EMPLOYEES OF THE MONTH

jUNE 2023

PAIGH JONES



PAIGH WAS VOTED AS OFFICE-BASED EMPLOYEE OF THE MONTH FOR JUNE! THE TEAM RECOGNIZED PAIGH FOR HER WILLINGNESS TO HELP BOTH CLIENTS AND TEAM MEMBERS, ALIKE. PAIGH IS AN EXCELLENT SUPPORT FOR MANY OF OUR STAFF MEMBERS AND HER HARD WORK IS APPRECIATED!

DIANA HENDRICKSON



DIANA WAS VOTED COMMUNITY-BASED EMPLOYEE OF THE MONTH FOR JUNE BY THE TEAM! THEY RECOGNIZED DIANA FOR HER ABILITY TO WORK WELL AND BUILD RAPPORT WITH CLIENTS. THIS FEEDBACK COMES FROM NOBLE STAFF MEMBERS, AS WELL AS CLIENTS! THE TEAM ALSO RECOGNIZED HER FOR HER RELIABILITY AND FRIENDLINESS! GREAT WORK, DIANA!