# Newsletter



## WHAT'S HAPPENING THIS MONTH

- WHAT WE'VE BEEN UP TO
- ART CORNER
- RESOURCE SPOTLIGHT
- EMPLOYEES OF THE MONTH

## WHAT WE'VE BEEN UP TO

WELCOME TO JUNE! WE'VE BEEN BUSY AROUND HERE AT NOBLE INTENT. LAST MONTH, WE SUCCESSFULLY HOSTED OUR VERY FIRST ANNUAL COMMUNITY WELLNESS FAIR. WE ENJOYED WORKING WITH ALL OF OUR COMMUNITY PARTNERS AND SEEING THE GREAT TURN OUT! IF YOU WEREN'T ABLE TO MAKE IT, NO WORRIES, WE'LL SEE YOU NEXT YEAR! OUR CLINICAL TEAM ALSO WELCOMED KIM KEYS, OF KIM KEYS COUNSELING SOLUTIONS, FOR AN INFORMATIVE AND FUN THREE PART ETHICS TRAINING!

## ART CORNER

#### **HEALING THROUGH ART**

Art has a special place in the field of mental health and wellness. The healing process can be accompanied by art that is therapeutic for its creator. We will now be featuring some of the work created by our Noble community that highlights this mode of wellness in our newsletter each month. Check out this month's art work submitted by a talented Noble Intent client. This client is offering community art classes, see flyer in resources.



Check out these stress balls created by one of our clinicians and her own children! What a great way to implement a hands on activity to create something that can later be used for coping OR focus! Pro Tip: When introducing children to coping tools, practice using the tool when the child is regulated! They are more likely to use the tool successfully during times of dysregulation when they've had experience and practice with that tool!

If you'd like to submit art for our monthly art feature, please email cora@nobleintentllc.com

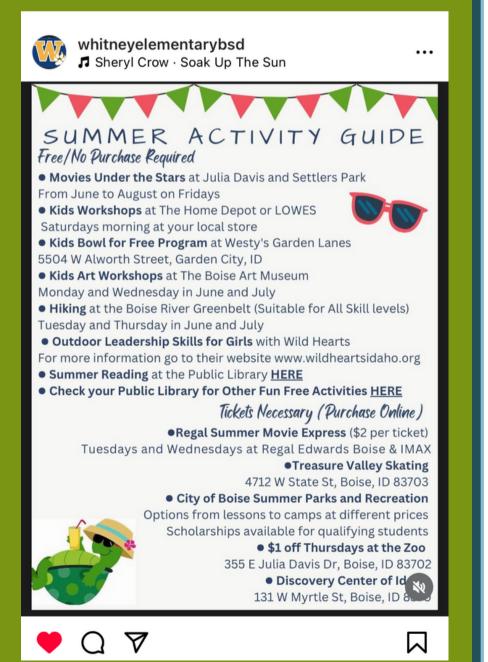
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## RESOURCES

#### JUNE 2023

#### **SUMMER ACTIVITIES FOR KIDS:**

THANK YOU WHITNEY ELEMENTARY SCHOOL FOR CREATING THIS SUMMER GUIDE FOR Free and low cost summer activities for children and families! Take A look:



#### HOUSING FOR SENIORS WITH MENTAL HEALTH DISORDERS

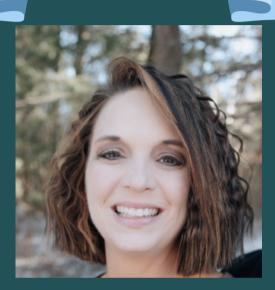
DID YOU KNOW THAT MENTAL **HEALTH DISORDERS IMPACT 20% OF PEOPLE AGED 55 AND ABOVE?** THE ASSISTED LIVING RESEARCH INSTITUTE HAS CREATED Δ **COMPREHENSIVE** ONLINE RESOURCE THAT **ADDRESSES** HOUSING OPTIONS FOR SENIORS LIVING WITH MENTAL HEALTH **DISORDERS. LEARN MORE AND USE** THF GIIIDF ΔT· WWW.ASSISTEDLIVING.ORG/ASSIS **TED-LIVING-FOR-PEOPLE-WITH-MENTAL-HEALTH-DISORDERS** 



## EMPLOYEES OF THE MONTH JUNE 2023

### **PAIGH JONES**

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PAIGH WAS VOTED AS OFFICE-BASED EMPLOYEE OF THE MONTH FOR JUNE! THE TEAM RECOGNIZED PAIGH FOR HER WILLINGNESS TO HELP BOTH CLIENTS AND TEAM MEMBERS, ALIKE. PAIGH IS AN EXCELLENT SUPPORT FOR MANY OF OUR STAFF MEMBERS AND HER HARD WORK IS APPRECIATED!

### **DIANA HENDRICKSON**



DIANA WAS VOTED COMMUNITY-BASED EMPLOYEE OF THE Month for June by the team! They recognized Diana for her Ability to work well and build rapport with clients. This feedback comes from Noble Staff Members, as well as clients! The team also recognized her for her reliability and Friendliness! great work, Diana!