



Austin Thompson

Community-Based Rehabilitation Service Worker

Austin graduated from Boise State University with his bachelor's degree in Psychology with a minor in Family Studies. He has experience working with children and adolescents with behavioral problems and with adults struggling with severe psychiatric illness. He is passionate about helping people through their most difficult moments and equipping them with coping skills that will help enrich their lives.

Austin is passionate about helping others while embracing concepts of positive psychology to not only cope effectively with life stressors, but to also live a rich and meaningful life. He is a firm believer that life is about experiencing the good times and the bad times to ultimately derive meaning and gain wisdom from these experiences.

Austin loves to spend his free time appreciating nature by hiking and camping in the warmer seasons, and skiing in the winter. He also spends his free time practicing his photography, taking care of his plants, or reading a good book.